



## **Bilingual Resiliency Specialist - Social Worker**

**Degree Required:** Masters of Social Work (MSW)

**Licensure Required:** New Jersey LSW

**Languages Required:** English and Spanish

**Location:** Newark, New Jersey, hybrid schedule

**Type of Employment:** Full-Time Exempt

**Compensation:** 53-60k (Depending on years of experience and licensure/certifications) with a comprehensive benefits package

### **About the Sanar Institute**

Sanar, meaning “to heal” in Spanish, is dedicated to healing individuals and communities impacted by traumatic violence. Sanar is recognized as an international leader in fostering resilience through evidence-based, community led, and lived experience driven approaches. Sanar has two key programs:

- 1) Sanar’s **Wellness Center** provides evidence-based, trauma-specific mental health services to individuals with lived experience of human trafficking, sexual violence, domestic violence and image-based sexual abuse. Located in Newark, New Jersey, Sanar’s Wellness Center specializes in culturally specific healing services available in English and Spanish.
- 2) Sanar’s **Thrive Initiative** educates multidisciplinary stakeholders and supports trauma-exposed frontline professionals at the local, national, and global level.

### **At Sanar, we believe healing is a human right and work to ensure all individuals and communities have access to trauma-conscious care.**

Sanar offers an excellent benefits package (health, dental, and vision insurance, 401k with 4% match from the employer, and life insurance), professional development reimbursement, parking reimbursement, quarterly wellness days, weekly paid time to access mental health and wellness care, in addition to a generous paid time off program with 15 days in the first year of employment and 13 paid holidays. Sanar also offers flexible work scheduling, hybrid scheduling, a supportive work environment that encourages professional and personal development, a commitment to self-care and convenient headquarters located in Newark, New Jersey near Penn Station.

### ***Position Overview***

Sanar is seeking a **Resiliency Social Worker** to provide trauma healing services through Sanar’s [Wellness Center](#). This position will specialize in both short-term and long-term individual and group services for individuals impacted by interpersonal violence.

Candidates must hold an LSW in New Jersey and must have experience working directly with historically marginalized communities, especially BIPOC survivors of violence. An understanding of polyvictimization and complex trauma is critical to



success in this role. A 40-hour domestic violence or sexual assault crisis certification, and/or post-graduate certification in a trauma-specific modality are both also a plus, but not a requirement.

In addition, this position requires a professional who is highly organized and adaptable, able to work both independently and collaboratively, and has experience adhering to grant requirements.

### **Essential Responsibilities**

- Provide comprehensive, trauma-conscious, person-centered, empowerment-based individual mental health services for individuals impacted by interpersonal violence including human trafficking, sexual violence, domestic violence, and tech-based sexual violence utilizing the Sanar Institute's Tri-Phasic Healing Model
- Facilitate group therapy, including therapeutic groups and psychoeducation groups.
- Facilitate Community Oriented Healing workshops, which are community-based skill building events centered around trauma response management tools for the local community.
- Create trauma-informed educational materials and the strengthening of internal documents, protocols to ensure they are trauma-informed, client-centered, empowerment-based and culturally specific.
- **Develop and manage connections and referrals to other community resources and services to support the clinical team with client case management needs.**
- Keep detailed person-centered case notes to fulfill all grant-reporting duties, HIPAA regulations and all grant requirements
- Provide effective services to clients utilizing appropriate clinical theory for trauma healing and support of symptom reduction, whether in assessment or counseling
- Provide services in accordance with Licensure regulations defined by the Board of Social Work Examiners.
- May supervise Clinical Resiliency Fellows (Typically 2<sup>nd</sup> year MSW interns clinical placement)
- Assist in any other identified programmatic areas necessary to achieve Sanar's mission and vision

### **Required Professional Competencies**

- LSW in New Jersey
- Minimum of two years' experience in clinical services (internships can be counted) with individuals impacted by trauma
- Bilingual English and Spanish – must be fully proficient and able to conduct



clinical mental health services in both languages

- Emotional maturity, stability, and resilience is required, along with excellent social skills that are authentic, empathic, and create a strong therapeutic alliance with clients.
- Experience and sensitivity working in multi-cultural environments
- Knowledge and understanding of diversity, oppression, and privilege and how these impact clients
- Strong personal practice of self-care and wellness-based supports
- Alignment with *Sanar*'s mission, vision, and core values
- Excellent Proficiency with Zoom, Microsoft Word, Excel, and PowerPoint.

**People of color, members of the LGBTQ+ community, and individuals with lived experience with complex trauma are highly encouraged to apply.**

### **To Apply**

Please send a cover letter and your resume **including salary requirements** to Jessica Mora, Clinical Director, at [jessica.mora@sanar-institute.org](mailto:jessica.mora@sanar-institute.org).