SAFE + SOUND SOMERSET

April 2022

Sexual Assault Awareness Month

#WeBelieveSurvivors

On average, 24 people per minute are victims of rape, physical violence or stalking by an intimate partner in the United States. Silence and lack of knowledge about these problems play a large part in why sexual and domestic violence continue to persist. Understanding the warning signs or red flags is a critical first step in addressing and preventing these crimes. (nomore.org)

Sexual Assault Awareness Month Programs at Safe+Sound Somerset

Monday, April 11 – 12:00pm Live at Lunch: Supporting Survivors as a Confidential Sexual Violence Advocate

Join us on Facebook Live @safesoundsomerset to hear our conversation with Evelyn, volunteer CSVA to learn about this special role and her experiences supporting survivors of sexual violence.

Wednesday, April 20 Ask Ava Anything!

Don't you wish you had someone to ask *anything?* Well, you can *Ask Ava!* We will be online all day fielding your questions and posting answers about sexual violence, consent, healthy relationships, our services, and more! Make sure to follow us on Instagram and Facebook @safesoundsomerset to post your questions and view the Q+As in our stories throughout the day.

Monday, April 25 – 11:00am – 12:00pm Recognizing and Responding to Sexual Violence (Webinar) In the United States, someone is sexually assaulted every 68 seconds. (rainn.org) Despite being so common, many people have difficulty recognizing sexual violence and wouldn't know how to help if it happened to someone they know. During this webinar, we will:

- Define sexual violence, sexual assault, and consent;
- Identify warning signs that someone has experienced sexual violence or abuse;
- Review survivor services and the role of the Sexual Assault Response Team in supporting survivors; and
- Provide tips and tools for supporting survivors of sexual violence and safely connecting them to services at Safe+Sound Somerset.

Advance registration required – <u>click here.</u>

Wednesday, April 27 #DenimDay

Take a stand by asking your employer to encourage everyone to **Wear Jeans** (*Teal Top Optional*) on #DeninDay in support of survivors and sexual assault awareness! If you are interested in participating, email kcantwell@safe-sound.org for our **#DenimDay Toolkit**.