

What Is Domestic Violence?

Domestic violence is a pattern of coercive, controlling behavior that can include physical abuse, emotional or psychological abuse, sexual abuse, or financial abuse (using money and financial tools to exert control) by a current or former intimate partner. Some abusers are able to exert complete control over a victim's every action without ever using violence or only using subtle threats of violence. All types of abuse are devastating to victims. Domestic violence is a pervasive, life-threatening crime that affects millions of individuals across the United States regardless of age, economic status, race, sexual orientation, gender identity, religion, ability, or education level.

What is Sexual Violence

Sexual violence is any type of non-consensual sexual interaction, ranging from unwanted sexual comments to sexual assault. Sexual violence can also happen to anyone.

Did You Know?

- African American females experience intimate partner (IP) violence at a rate 35% higher than that of women of other races.
- Black women 25-44 are 3.5 times more likely to be murdered by an IP than women of other races and the same age.
- Black people are less likely to initiate arrest of their Black abusive partners for fear of unjust treatment in the judicial system.
- An estimated 21.9% of African American females and 23.4% of Hispanic/Latino females are raped, stalked, or physically assaulted in their lifetime by an IP.

Contact Us

 609.225.6936

 info@harambesocialservices.org

 harambesocialservices.org

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harambe.org



[harambess](https://twitter.com/harambess)



[harambesocialservices](https://www.instagram.com/harambesocialservices)

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Please consider a donation to Harambe Social Services to support victims and survivors of domestic and sexual violence.

Donate securely online at:
harambesocialservices.org

Or send a check to:
Harambe Social Services, Inc.
416 Sicklerville Road, Sicklerville, NJ 08081



Rooted in African Principles



Harambe
Social Services, Inc.

*Unifying communities
to end domestic and sexual violence*

**Counseling & Legal
Advocacy Services for
NJ Victims of
Domestic Violence**

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Domestic Violence Confidential Helpline

609.225.6936
harambesocialservices.org



Our Mission

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About Us

We are a team of certified, empathetic counselors who provide counseling/legal advocacy services to all survivors of domestic/sexual violence. Harambe Social Services also provides a unique, culturally specific experience for Black/African American victims/survivors.

Harambe is Swahili for “pulling together in unity,” which aligns with the principles of Nguzo Saba celebrated at Kwanzaa. All of Harambe’s services are developed and adapted from African principles and teachings.



Harambe Social Services exists to promote the well-being of people of the African Diaspora who are impacted by domestic and sexual violence by providing culturally relevant services rooted in the teachings and traditions of our collective cultures.

Harambe Social Services is a statewide 501c3 non-profit agency based in South Jersey. The organization provides counseling, legal advocacy, and resources to victims and families impacted by domestic violence and sexual violence.

Our Focus

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In keeping with our heritage, Harambe is guided by the **African principles of Nguzo Saba** to address intimate partner violence.

Unity. Our community must be united in the belief that victims/survivors must be valued, embraced, and reassured that their abuse is not their fault.

Self Determination. Victims/Survivors have the right to define themselves, create a new life, and reclaim power and control over their lives.

Collective Work and Responsibility. Violence in all of its forms impact Black communities. It is our business. The community must work together to build peaceful homes and communities.

Cooperative Economics. Victims/Survivors deserve to learn new skills that lead to their personal financial empowerment.

Creativity. Our communities require creative approaches toward outreach and creative methods toward healing.

Faith. We believe with all our hearts that our people will lead the struggle over violence in our homes and eliminate violence in our communities.

Services Include:

- ♀ Counseling Services
- ♀ Legal Advocacy Services

You Are Not Alone

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No one deserves abuse. Nothing said or done justifies emotional/physical violence. Survivors of domestic and sexual violence need to know abuse is not their fault and that there are people who understand the problem that you are facing and will provide information, resources, and support to you. There is hope. You are not alone.

WARNING SIGNS

of Abusive Relationships

- ♀ Checking your phone, email, or social without permission
- ♀ Extreme jealousy or insecurity
- ♀ Possessiveness
- ♀ Isolating you from friends and family
- ♀ Constantly putting you down
- ♀ Making false accusations
- ♀ Telling you what to do
- ♀ Physically hurting you in any way
- ♀ Explosive temper
- ♀ Mood swings

Confidential Services. Empathetic Certified Counselors. Safety Planning.

Call the Confidential Harambe Domestic Violence NJ Helpline

609.225.6936

Telephone and Video Conferencing Available