

**YOU ARE NOT ALONE**

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*Rooted in African Principles*



**Harambe**  
Social Services, Inc.

Unifying Communities to End  
Domestic and Sexual Violence

## **PREPARING BEFORE YOU LEAVE**

- Inform those you trust
- Keep emergency bags packed and placed some where safe  
*(Family/Friends' home, designated area at work, trunk of your car, etc.)*
- If you are able/comfortable, have an officer escort you out the home.
  - Make sure phones are fully charged.
- Create a safe word/phrase to single family or friends if you are in danger.
  - Discuss your safety plan with your children.
  - Use your instincts. You are the expert of your own situation.
  - Call 911, if you are not able to leave safely!

## **WHAT TO TAKE**

### ***(FOR YOURSELF & CHILDREN)***

Driver's License/ Birth Certificate/Social Security Cards/ Green Card/  
Permits/Medical Records/1-2 nights of clothing/Pre-paid Credit cards  
or Cash/ Secondary Phone - ie. "Trac Phone"

Original Copies of Important Documents

*Court or Custody Papers | Order of Protection | Lease or Rental Agreement or Deed*

Small Sentimental Items

*Jewelry | Pictures | Favorite Stuffed Animal/Toy for child*