

Harambe Social Services



About Us

Harambe is Swahili for “pulling together in unity,” which aligns with the principles of Nguba Saba, celebrated at Kwanzaa. Harambe’s services are developed and adapted from African principles and teachings to address domestic violence and sexual assault.

Service Area

Camden County

Location

Sicklerville, NJ

What We Provide

Culturally specific services and resources

Individual and group counseling

Financial and employment counseling

Legal and housing advocacy

Case management

Contact Us

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 harambe.org

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SCAN ME

Mission: Harambe Social Services exists to promote the wellbeing of people of the African Diaspora who are impacted by domestic violence and sexual assault by providing culturally relevant services rooted in the teachings and traditions of our collective cultures.

Population Served: Adults 18 and over. Primarily domestic violence and sexual assault victims and survivors of the Black/African American communities and LGBTQIA+ communities.

Our Services

Case Management: Client receives assistance developing a safety plan during initial contact with Harambe. Once admitted to our services, clients are guided through a process to develop a plan towards self-sufficiency. Weekly goals are set with ongoing support, guidance, and resources from an advocate. This includes assistance with job search, housing vouchers, housing applications, and finding affordable childcare.

Legal and Housing

Advocacy: Survivors can receive accompaniment to court, the police station, and guidance about the legal process; including an explanation of temporary or final restraining orders. The advocate provides general support when dealing with the legal side of DV and SA and can make referrals to an attorney who works in collaboration with Harambe Social Services. Additionally, Harambe assists with locating safe housing and housing resources for survivors.

Support Group: Harambe provides another level of support for victims of domestic violence or sexual assault through a support group. The small group setting gives survivors an opportunity to address their victimization in a safe environment with others who share similar experiences. The group discusses several topics over a 10-week period including, dealing with shame and guilt, boundaries, self-care, and moving forward.

Counseling and Therapeutic Interventions:

- Individual counseling services are available and scheduled as needed.
- [Nia Circle Book Club](#): A 4-week virtual book club offered each quarter. Discussions are held regarding the content of the books that center on domestic and/or sexual violence in our communities. Individuals who miss the registration deadline can contact us about joining the next group.
- [Heart4Healing Yoga Wellness Group](#): A virtual yoga class offered on Fridays from 5 pm-7 pm by certified Yoga Instructor and Counselor, Tamu Lane. The group uses multiple styles of yoga and/or relaxation as an alternative healing modality.
- [Financial Wellness Program](#): A virtual 6-week course that equips individuals with the knowledge to make sound financial decisions, position themselves to thrive, and pursue long-term goals. Individuals who miss the registration deadline can contact us about joining the next class.

Domestic Violence Awareness

Education: A 5-week basic domestic violence education provided to victims/survivors to gain better insight into the dynamics of intimate partner violence. It provides mindful approaches to individual safety for victims regarding their circumstances. At completion of the program, participants will be able to answer the question, “what is domestic violence?”