

YWCA Northern New Jersey



Support • Prevention • Advocacy • Counseling • Empowerment
Bergen County's Sexual Violence Resource Center



VIRTUAL

WRITING AND POETRY

ARTS DISCUSSION GROUP THURSDAYS AT 6:30 PM

We will gather together and share poetry and stories, that celebrate ourselves and each other. We will breathe together and share in the spirit of community, that empowers and supports us. We will also create a collective poem, that will facilitate the beginnings of a healingSPACE Collective Poetry book. A gift that can be given to all survivors who may struggle during the holidays or at any time of the year.



Via HIPAA - Compliant remote platform

Contact your healingSPACE clinician for further information.

Any survivors not getting services through healingSPACE should contact Alysa at aluna@ywcannj.org and include their contact information.

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24/7 Hotline: 201-487-2227

Download our healingSPACE App today!
Available on:



214 State Street • Suite 207 • Hackensack, NJ • 201-881-1700

**eliminating racism
empowering women**
ywca

Northern New Jersey

Bergen • Essex • Hudson • Morris • Passaic

www.ywcannj.org