YWCA Northern New Jersey



Support • Prevention • Advocacy • Counseling • Empowerment Bergen County's Sexual Violence Resource Center

HEALING YOUR

CREATIVIT

## TUESDAY | 5:00 PM

In this workshop we will explore our creative process and how to find artistic ways to reconnect with our inner artist. With inspiration from Julia Cameron's book, "The Artist's Way", along with exploration of visual arts and writing, we will work together to find and relight, your creative spark!

## Via HIPAA - Compliant remote platform

## CONTACT YOUR HEALINGSPACE CLINICIAN FOR FURTHER INFORMATION.

Any survivors not getting services through healingSPACE should contact Alysa at aluna@ywcannj.org and include their contact information. Program made possible by the Victim Assistance Grant through the NJ Office of the Attorney General and the Federal Sexual Assault Services Program (SASP) funds through The Department of Children and Families' (DCF) Division on Women (DOW).



VIRTUAL







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