

YWCA Northern New Jersey



Support • Prevention • Advocacy • Counseling • Empowerment

VIRTUAL

# WRITING AND POETRY ARTS DISCUSSION

## THURSDAYS AT 6:30 PM



We will come together and share our art journeys. Peer-led, and facilitated by Lisa Jason, we will set artistic goals together and help each other work through blocks to achieve them. We will explore various arts modalities, inclusive of Visual Art, Writing, Poetry, Music and other creative outlets. In this group setting, we will also create a support system for setting and achieving goals each artist would like to meet. When there are no words, art speaks!



**Via HIPAA - Compliant remote platform**

Contact your healingSPACE clinician for further information.

Any survivors not getting services through healingSPACE should contact Alysa at [aluna@ywcannj.org](mailto:aluna@ywcannj.org) and include their contact information.

Program made possible by the Victim Assistance Grant through the NJ Office of the Attorney General.

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Support • Prevention • Advocacy • Counseling • Empowerment  
Bergen County's Sexual Violence Resource Center  
24/7 Hotline: 201-487-2227

Download our healingSPACE App today!

Available on:



214 State Street • Suite 207 • Hackensack, NJ • 201-881-1700

**eliminating racism  
empowering women**

# ywca

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[www.ywcannj.org](http://www.ywcannj.org)