



# *Surviving to Thriving*

*A Safe Space for Adult Survivors of  
Sexual Abuse and Assault*

*Empower yourself—unlock the skills and tools necessary to  
move forward and thrive in this  
free and confidential support group*

**WHEN?** Mondays, 7:00-8:30 p.m.  
March 5<sup>th</sup>-May 21<sup>st</sup>, 2018

**WHERE?** Toms River, NJ

Open to all residents of Ocean County, 18 years or older  
Please call Bianca Valentini, LSW to register and reserve your space

**(609) 494-1554**

