

## Group Start Date: Thursday, March 1, 2018

### **Group End Date:**

Thursday, April 19, 2018

# SV SURVIVOR SUPPORT GROUP

This 8-week psychoeducational group will provide members with a safe space to explore and process thoughts, feelings, and emotions related to experiences with sexual violence. From this group experience, members can expect to feel supported and learn about, among many things, the impact of trauma, healthy and safe boundaries, explore feelings of grief, loss, self-blame and guilt, and the importance of self-care and empowerment.

### Time:

5:30 p.m. - 7:00 p.m. *(Every Thursday)* 

#### Location:

SAFE in Hunterdon Main Office 47 East Main Street Flemington, NJ 08822

"The best part about being with a group is that you don't have
to do everything alone." - Anonymous

FOR MORE
INFORMATION OR TO
REFER CLIENTS,
PLEASE CONTACT:

Britnie, LSW, Intake Manager

908-788-7666 ext. 202