



JOIN US FOR A NEW DROP-IN GROUP!!



TRAUMA EDUCATION & SKILLS GROUP

THURSDAYS 2:00—3:00 pm

- Learn about the dynamics & impact of trauma
- Obtain knowledge about healthy coping skills
- Acquire skills in grounding & stabilization techniques

**Starting
February 22, 2018**



**All Survivors
Welcome!**



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**LGBTQ
WELCOME!**

For more info please call 609.394.2532
or speak to a
CSS Counselor

All groups are confidential and will meet at 1530 Brunswick Ave

**GENDER
INCLUSIVE!**

