YWCA Bergen County



A Sexual Violence Resource Center

24 Hour Hotline:201-487-2227

## **GROUP THERAPY SERVICES**

healingSPACE offers a variety of group therapy services for survivors and their loved ones. These groups provide the opportunity to gain support and understanding from others with similar experiences.

## **GROUP THERAPY PROGRAMS**

**WOMEN'S GROUP:** Adult female survivors of sexual violence

**MEN'S GROUP:** For adult male survivors of sexual violence

## LOVED ONE'S GROUP:

For family and loved ones of survivors of sexual violence

## **GRIEF AND LOSS GROUP:**

For survivors and their loved ones to process losses associated with sexual violence

Safe and Welcoming Environment Groups are Facilitated by New Jersey Licensed Clinicians All Services are Free and Confidential

For additional information and schedules, please call (201) 881-1733 or email healingspace@ywcabergencounty.org

214 State Street • Suite 207 • Hackensack, NJ





Download our healingSPACE App today! Available on:



www.ywcabergencounty.org

eliminating racism empowering women **YWCa** Bergen County